



ACLE MEDICAL PARTNERSHIP

Practice Newsletter

Spring/Summer 2016

Website : www.aclemedicalcentre.co.uk

Flu Clinic Dates for 2016

- Saturday 24th September
- Saturday 1st October
- Saturday 15th October
- You are entitled to a flu jab if you are over the age of 65 or have a chronic disease which would make you more vulnerable, such as asthma or diabetes.
- Appointments are available between 9am to 1pm. Please contact the surgery to book an appointment and please note that it is important that you attend on the specified time.

Registration Reminder

- Please remember to update your registration details if you move home, change your telephone numbers, change name etc. It is very important that we have up to date information in case we need to contact patients in the event of an emergency. A great deal of administration time is spent attempting to contact patients who have not updated their details.

- We have a next of kin feature on patient's records. Please advise who you would like to nominate as your next of kin (can be multiple people), their relationship to you and if they can be contacted in an emergency and discuss your treatment. Please include their telephone numbers and/or address. This information can be recorded for both adults and children.

- If the home has a door code for access and you would like it on record, please let us know and we can add it to your notes.

- If you would like to nominate a person to collect your prescriptions, results, letters, sick notes etc., please provide your permission in writing. We can add this to your records permanently or per individual case as required.

NHS Choices

- NHS Choices is an easily accessible website which gives very helpful information regarding over 800 conditions and treatments, including minor ailments which can be treated at home as well as urgent care services, dentists and much more. Well worth a look and may save you a call to the surgery.

Sun Safety

- Remember to seek shade in the middle of the day and cover up with hat, T shirt and sunglasses. Apply *at least* factor 15 sunscreen and re-apply every two hours.
- Remember, children need much higher factor sunscreen and burn more quickly than

